



THE EAGLE UPDATE

MIDDLE SCHOOL NEWSLETTER - August 29, 2025

Last Day for Schedule Changes!

Please note that schedule changes are final after TODAY! Classes dropped after Friday will result in a zero in the course. If you would like to make a change to your schedule, please complete a [Schedule Change form](#) and have it signed by all teachers involved and parents. Please note that changes may be hard to accommodate due to class size constraints; many of the classes are full.

2025 Legacy Gala - Gather & Grow

We hope to see you at this year's gala! We're sharing a big announcement, and you'll want to be there in person to hear it! Saturday, October 4 at 5:30 at the FFA Enrichment Center. [An invite with all of the details is available here.](#)

[Purchase Tickets](#)

Career Fair

We're excited to host a career fair on Thursday, September 11, for our high students to explore jobs and businesses in our community! If you are interested in hosting a booth at our career fair and talking to our students about what you do, [please fill out the form](#). Space is limited to 50 exhibitors.

Dress Code Reminder

Please review the new dress code requirements in the [handbook](#). As a reminder:

1. All shirts must have a sleeve; no tank tops or tank dresses, please.
 2. Shorts must reach mid-thigh.
-

Fall Sport Team Photos

Fall athletic team/individual photos will be September 5, immediately after school. Photo order forms will go out next week. This includes the following teams:

- JH Cross Country
 - HS Cross Country
 - JH Volleyball
 - HS Volleyball
-

Middle School Retreat

The Middle School Retreat will be held off-site on Thursday, September 11. More information will be available in next week's *Eagle Update*. We are looking for a few volunteers to help serve lunch! If you're able, [please sign up here](#). You must have a [background check completed](#) with Mrs. Frericks prior to volunteering. If your child will

Secondary Parking Reminders

- Please remind your students that they should be listening for their name to be called and they should leave immediately after hearing their name.
- Once you have picked up your kids in the carline, if you are able you can pass on the right and create a second line to exit the parking lot.
- Please pull all the way up to the tree - our goal is to get as many cars off of Sharmin as possible so that we can keep the flow of traffic open on that street.
- We are discouraging parking on Sharmin to pick up your kids, but if you do, please park past the ACA entrance so parents do not assume you're waiting in line for carline.
- If you attempt to enter the parking lot from the south, you will be asked to go down and turn around so you can enter from the north.

Students (picked up on the west side)

- After you are dismissed and have your things from the locker, please go to pick up your siblings and stay in the lunch room to listen for your name. We should not have to call your name more than three times.
- If you are participating in a fall sport, you need to be in your assigned classroom or the gym. You should not be in the lunchroom socializing
- No one can wait in the west lobby until we give them permission which is when only a few students are left and the parking lot staff has come back into the building.

Activities Calendar

All of our activities are on [Bound!](#) We have linked this [calendar to our website as well.](#) Please be patient as it may take a few seconds to load on the page.

Parent Prayer Group

All parents are invited to meet at 8:00 on Tuesdays in the lobby to pray for our students, staff, and school.

ACA Apparel Store

The [ACA Apparel store](#) is available now and will close Monday, September 1. We have heard that many of you would like a "Pursue Jesus" shirt! The ones our teachers were wearing at Back to School night are exclusive to the teachers, but we will add one for parents and students to purchase in our next store.

Join the lunch volunteer team!

Calling all parents, grandparents, and family members of ACA students! Do you have a heart to serve ACA? Are you looking for a great way to get involved? Join ACA's lunch volunteer lunch team!

Volunteering for lunch at ACA is a great way to serve our school and see your children during the school day!

Many volunteers are needed for next year--especially on Mondays, Tuesdays, Thursdays, and volunteers who are willing to serve as substitute volunteers!

Serve once a month, once a week, or choose a more-flexible "as needed or substitute" role!

If you have family members who do not receive the newsletter (grandparents, aunts, uncles, etc), feel free to share this information. Many grandparents and family members enjoy being involved and serving in ACA's lunch program!

Background Check Forms: If you are interested in volunteering at ACA; please fill out both volunteer background check forms and turn them into the office.

Volunteer Roles:

TA's (Teacher's Assistants) and 3rd Parent Helpers-This shift is from 10:40am-11:40pm approximately.

These volunteers help students at the kitchen window and then aid students in the cafeteria with their lunchtime needs. They also aid in cleanup as classes are dismissed.

Lunch Servers--This shift is from 10:30am-1:30pm approximately. Lunch servers serve lunch for our students and then aid in kitchen clean up.

Substitute Volunteers--These are volunteers who fill in for volunteers (TA's, 3rd Parent Helpers, and Lunch Servers) who are unable to serve on their regularly scheduled shift. This may be short notice or advanced notice. There is a great need for volunteers for our substitute volunteer lists. If you have a flexible schedule (even if it's only one day per week), please consider joining our substitute volunteer lists.

Open Volunteer Shifts:

Lunch Service --This shift is from 10:30am-1:30pm approximately
Monday--The 4th Monday of each month.

Tuesday--The 2nd and 4th Tuesdays of each month

Wednesday--The 1st Wednesday of each month

Thursday--The 3rd and 5th (where applicable) Thursdays of each month

TA --This shift is from 10:40am-11:40pm approximately

No regular shift openings at this time. Volunteers are welcome to join the "substitute list" for these openings!

Substitutes are always needed regularly throughout the school year!

Substitute Lists

Consider joining the substitute lists (Lunch Service, TA, and 3rd Parent Assistant)! There is a great need for lunch substitute volunteers.

Please contact Natalie Whittemore for more information about serving in ACA's lunch program!

email: natalie.whittemore@aca eagles.net

phone/text: 515-289-6556

Note Regarding Friday, September 26 on Lunch Website and September Lunch Calendar

Both the lunch website and the printable lunch calendar mistakenly list lunch items for Friday, September 26th. With school not being in session that day, no lunch will be served. Both of these calendars will be updated and re-posted. When the lunch website calendar is edited, families who ordered lunch for 9/26 will receive an email notification of the cancellation as well as a refund for any lunch items purchased.

Upcoming Events

These are taken from the [school calendar](#). Please note that schedules (especially with sports) could be different from what's listed on the calendar.

August

30

Varsity Volleyball at Skip Anderson Classic

September

1

No School - Labor Day

September

4

High School Retreat at Ankeny Baptist Church

4:30 - Varsity Girls Cross Country at West Central Valley

5:00 - Varsity Boys Cross Country at West Central Valley

5:30 - First Grade Meeting at ACA
5:30 - JV 2 Volleyball at Ballard
6:30 - JV 1 Volleyball at ACA
6:00 - Board of Directors Meeting

September

8

5:30 - JV 2 Volleyball at ACA
6:30 - JV 1 Volleyball at ACA

September

9

4:30 - MS Volleyball at Grand View Christian
5:30 - JV Volleyball at Twin Cedars
7:00 - Varsity Volleyball at Twin Cedars

September

11

Middle School Retreat at Ankeny Baptist Church
6:30 - JV Volleyball at Mormon Trail
7:30 - Varsity Volleyball at Mormon Trail

September

12

4:00 - MS Volleyball at Des Moines Christian

September

13

Varsity Volleyball Tournament at Aplington Parkersburg



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