

Lunch Menu

Ankeny Christian Academy September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Meal: The Crafty Mac Mac and Cheese, Steamed Broccoli, Sliced Cucumbers, Strawberry Applesauce <u>Cold Entree Option:</u> Chef Salad	2 Chick-Fil-A Chick-Fil-A Sandwich, Chips, Baby Carrots w/Ranch, Applesauce	3 Meal: BBQ Baked Potato (Baked Potato Topped w/BBQ Meat) w/Cheese, Whole Grain Dinner Roll, Buttered Corn, Banana, Funfetti Cake <u>Cold Entree Option:</u> Chef Salad	4 Meal: Eagle Bread (Cheesy, Garlic, Pepperoni Bread), Winter Blend Veggies, Spinach and Mandarin Salad w/Lemon Poppyseed Dressing, Pineapple <u>Cold Entree Option:</u> Chef Salad HIGH SCHOOL RETREAT	5
6	7 NO SCHOOL LABOR DAY	8 Meal: Chicken Alfredo, Garlic Bread, Caesar Salad, Wango Mango Juice <u>Cold Entree Option:</u> Yogurt Parfait	9 Pizza Pizza, Baby Carrots w/Ranch, Applesauce Gluten Free and Dairy Free Options Available	10 Meal: The Ornerly Chicken Chicken Tenders, Ranch Potato Wedges, Pasta Salad, Diced Peaches, Brownie <u>Cold Entree Option:</u> Yogurt Parfait	11 Meal: French Toast Casserole, Little Smokies, Mixed Fresh Veggies, Fruit Cocktail <u>Cold Entree Option:</u> Yogurt Parfait MIDDLE SCHOOL RETREAT A GRAND DAY	12
13	14 Meal: Chicken Teriyaki w/Brown Rice, Steamed Green Beans, Mandarin Oranges <u>Cold Entree Option:</u> Lunchable: Smoked Turkey, Cheddar Cheese, Whole Grain Crackers, Fruit Cup	15 Meal: It's My Jam! Scrambled Eggs w/Diced Bacon and Cheese, Cinnamon Roll, Baby Carrots, Chilled Pears <u>Cold Entree Option:</u> Lunchable: Smoked Turkey, Cheddar Cheese, Whole Grain Crackers, Fruit Cup	16 Pizza Pizza, Baby Carrots w/Ranch, Applesauce Gluten Free and Dairy Free Options Available	17 Meal: Pasta w/Meatballs, Garlic Breadstick, Garden Salad, Assorted Whole Fruits, Chocolate Chip Cookie <u>Cold Entree Option:</u> Lunchable: Smoked Turkey, Cheddar Cheese, Whole Grain Crackers, Fruit Cup	18 Meal: Smokey D's Day BBQ Pulled Chicken Sandwich, Baked Beans, Coleslaw, Cinnamon Applesauce <u>Cold Entree Option:</u> Lunchable: Smoked Turkey, Cheddar Cheese, Whole Grain Crackers, Fruit Cup	19
20	21 Meal: Chicken Sandwich on Whole Grain Bun, Sweet Potato Fries, Garden Salad w/Ranch, Tropical Fruit Salad <u>Cold Entree Option:</u> Chef Salad	22 Meal: The Crafty Mac Mac and Cheese, Steamed Broccoli, Sliced Cucumbers, Strawberry Applesauce <u>Cold Entree Option:</u> Chef Salad	23 Pizza Pizza, Baby Carrots w/Ranch, Applesauce Gluten Free and Dairy Free Options Available	24 Meal: BBQ Baked Potato (Baked Potato Topped w/BBQ Meat) w/Cheese, Whole Grain Dinner Roll, Buttered Corn, Banana, Funfetti Cake <u>Cold Entree Option:</u> Chef Salad	25 Meal: Eagle Bread (Cheesy, Garlic, Pepperoni Bread), Winter Blend Veggies, Spinach and Mandarin Salad w/Lemon Poppyseed Dressing, Pineapple <u>Cold Entree Option:</u> Chef Salad	26
27	28 Meal: Walking Taco, Spanish Rice, Lettuce, Tomatoes, Cheese, Salsa, Orange Slices <u>Cold Entree Option:</u> Yogurt Parfait	29 Meal: Chicken Alfredo, Garlic Bread, Caesar Salad, Wango Mango Juice <u>Cold Entree Option:</u> Yogurt Parfait	30 Pizza Pizza, Baby Carrots w/Ranch, Applesauce Gluten Free and Dairy Free Options Available			