

Week 1

Hot Entree	Allergens	K-4th	5th-12th
Breaded Mozzarella Sticks	W, M, S	3 each	5 each
Cold Entree			
Yogurt Parfait	M	8 oz yogurt, 2 oz fruit, 1 oz granola	
Vegetable			
Steamed Broccoli	None	1/4 C	1/2 C
Sliced Cucumbers	None	1/4 C	1/2 C
Fruit			
Mandarin Oranges	None	1/2 C	1/2 C
Grain/Bread			
Condiments			
Marinara	None	1 oz	2 oz
Ranch Dressing	E,M	1 oz	1 oz

Hot Entree	Allergens	K-4th	5th-12th
Scrambled Eggs w/ Bacon	E,M	1/2 C	3/4 C
Cold Entree			
Yogurt Parfait	M	8 oz yogurt, 2 oz fruit, 1 oz granola	
Vegetable			
Fresh Baby Carrots	None	1/4 C	1/2 C
Fruit			
Banana	None	1 each	1 each
Grain/Bread			
Cinnamon Roll	W,M,E	1 each	1 each
Condiments			
Ranch Dressing	E,M	1 oz	1 oz

Hot Entree	Allergens	K-4th	5th-12th
Lasgana Roll Up w/ Meat Sauce	M,E,W	1 each	1 each
Cold Entree			
Yogurt Parfait	M	8 oz yogurt, 2 oz fruit, 1 oz granola	
Vegetable			
Garden Salad	None	1/2 C	1 C
Fruit			
Chilled Pears	None	1/2 C	1/2 C
Grain/Bread			
Garlic Bread Stick	M, W	1 each	1 each
Condiments			
Ranch Dressing	E,M	1 oz	1 oz
Italian Dressing	None	1 oz	1 oz

Hot Entree	Allergens	K-4th	5th-12th
Pulled Pork	None		
Cold Entree			
Yogurt Parfait	M	8 oz yogurt, 2 oz fruit, 1 oz granola	
Vegetable			
Baked Beans	None	1/4 C	1/2 C
Coleslaw	E	1/4 C	1/2 C
Fruit			
Applesauce	None	1/2 C	1/2 C
Grain/Bread			
WG Bun	W, Sesame	1 each	1 each
Condiments			
BBQ Sauce	None	1 oz	1 oz
Dessert			
Scotcheroo	P, M, S, W	1 each	1 each

Week 2

Hot Entree	Allergens	K-4th	5th-12th
Corn Dog	E, S, M, W	1 each	1 each
Cold Entree			
Chicken Caesar Salad	M, E, S, W	1 1/2 C Lettuce 2 oz diced chicken, .5 oz Cheese, 1/2 C other veg	
Vegetable			
Corn	None	1/4 C	1/2 C
Rockin Caesar Salad	M, W, S, E	1/2 C	1 C
Fruit			
Fruit Cocktail	None	1/2 C	1/2 C
Grain/Bread			
Condiments			
Ranch Dressing	E, M	1 oz	1 oz
Ketchup	None	1 each	1 each
Mustard	None	1 each	1 each

Hot Entree	Allergens	K-4th	5th-12th
Chicken Tenders	W, S	2 each	3 each
Cold Entree			
Chicken Caesar Salad	M, E, S, W	1 1/2 C Lettuce 2 oz diced chicken, .5 oz Cheese, 1/2 C other veg	
Vegetable			
Ranch Potato Wedges	M, S	2 oz wt (about 4)	3 oz wt (about 5)
Carrots and Celery	None	1/4 C	1/2 C
Fruit			
Warm Cinnamon Apples	None	1/2 C	1/2 C
Grain/Bread			
Condiments			
Ranch Dressing	E, M	1 oz	1 oz
Onion Sauce	E, M	1 oz	1 oz
Dessert			

Hot Entree	Allergens	K-4th	5th-12th
Pork	None	2 oz wt	3 oz wt
Cold Entree			
Chicken Caesar Salad	M, E, S, W	1 1/2 C Lettuce, 2 oz diced chicken, .5 oz Cheese, 1/2 C other veg	
Vegetable			
Refried Beans	S, M	1/4 C	1/2 C
Lettuce	None	1/4 C	1/4 C
Tomato	None	1/4 C	1/4 C
Fruit			
Orange Slices	None	1/2 C	1/2 C
Grain/Bread			
Corn Tortilla Chips	None	1 oz wt	1.75 oz wt
Condiments			
BBQ Sauce	None	1 oz	1 oz
Salsa	None	1 oz	1 oz
Sour Cream	M	1 oz	1 oz

Hot Entree	Allergens	K-4th	5th-12th
Eagle Bread	M, W	1 each	1 each
Cold Entree			
Chicken Caesar Salad	M, E, S, W	1 1/2 C Lettuce 2 oz diced chicken, .5 oz Cheese, 1/2 C other veg	
Vegetable			
Steamed Cauliflower	None	1/4 C	1/2 C
Mixed Fresh Veggies	None	1/4 C	1/2 C
Fruit			
Diced Peaches	None	1/2 C	1/2 C
Grain/Bread			
Condiments			
Ranch Dressing	E, M	1 oz	1 oz
Marinara	None	1 oz	1 oz
Dessert			
Snickerdoodle	M, W, S, E	1 each	1 each

Week 3

Hot Entree	Allergens	K-4th	5th-12th
Mini Taco	S, W	3	5
Cold Entree			
Greek Bento	S, W	2 oz WG Pita, 2 oz wt Chicken, 1/4 C Hummus, 1/2 C Veggies	
Vegetable			
Corn and Black Bean Salad	None	1/4 C	1/2 C
Fruit			
Apple Slices	None	1/2 C	1/2 C
Grain/Bread			
Spanish Rice	None	1/2 C	1/2 C
Condiments			
Salsa	None	2 oz	2 oz
Sour Cream	M	1 oz	1 oz

Hot Entree	Allergens	K-4th	5th-12th
Pizza Mac and Cheese	W, M, E	3/4 C	1 1/4 C
Cold Entree			
Greek Bento	S, W	2 oz WG Pita, 2 oz wt Chicken, 1/4 C Hummus, 1/2 C Veggies	
Vegetable			
Winter Blend Veggies	None	1/4 C	1/2 C
Garden Salad	None	1/2 C	1 C
Fruit			
Tropical Fruit Salad	None	1/2 C	1/2 C
Grain/Bread			
Condiments			
Ranch Dressing	E, M	1 oz	1 oz
Italian Dressing	None	1 oz	1 oz

Hot Entree	Allergens	K-4th	5th-12th
Cavatalili	W, M, E	3/4 C	1 1/4 C
Cold Entree			
Greek Bento	S, W	2 oz WG Pita, 2 oz wt Chicken, 1/4 C Hummus, 1/2 C Veggies	
Vegetable			
Green Beans w/ Bacon	None	1/4 C	1/2 C
Fruit			
Assorted Whole Fruit	None	1/2 C	1/2 C
Grain/Bread			
Cornbread	E, M, S, W	1 each	1 each
Condiments			

Hot Entree	Allergens	K-4th	5th-12th
French Casserole	W, Sesame, E, M	3/4 C	1 1/4 C
Cold Entree			
Greek Bento	S, W	2 oz WG Pita, 2 oz wt Chicken, 1/4 C Hummus, 1/2 C Veggies	
Vegetable			
Mixed Fresh Veggies	None	1/4 C	1/2 C
Fruit			
Pineapple	None	1/2 C	1/2 C
Other			
Little Smokies	None	3 each	5 each
Condiments			
Ranch Dressing	E, M	1 oz	1 oz
Maple Syrup	None	1 oz	1 oz
Dessert			
Fruit Roll-Up	None	1 each	1 each